

## WEEKLY MEETING AND CLUBS + CHILDREN & BABY GROUPS

Allum Manor is home to a number of clubs, societies and organisations that run weekly, seasonal or occasional sessions. If you are interested in attending one of these sessions or joining a group please contact the phone number or email address for the various organisations.



### BREAD OF LIFE PENTECOSTAL CHURCH

Telephone 07838 996969  
or 01908 691653

Bread of Life teach, preach and practise the principles in the Bible, we organize visitation and evangelism, they organize seminars for the Youth and the Children in the community.

They meet on Sundays between 1.30 and 3.30pm



### ALCOHOLICS ANONYMOUS

Telephone:  
National Helpline 0845 769  
7555

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Email:  
[help@alcoholics-anonymous.org.uk](mailto:help@alcoholics-anonymous.org.uk)

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; they are self-supporting through your own contributions.

They meet on Tuesday evenings at 7.30pm



### ELSTREE BRIDGE CLUB

Telephone:  
Allan - 07956 435743

Elstree Bridge Club holds pairs events each week in rooms 5 & 6 in The Manor House from 12noon to 3pm

Email:  
[allan.lipton@hotmail.co.uk](mailto:allan.lipton@hotmail.co.uk)  
Web:  
[www.bridgewebs.com/elstree](http://www.bridgewebs.com/elstree)



**BOREHAMWOOD SPIRITUAL CENTRE** – Tel: Gloria - 07908 224506

The Borehamwood Spiritual centre meets every Thursday at 8pm for an evening of Clairvoyance in a relaxed and friendly atmosphere. Tea and Coffee is free and they also have a raffle.

Email:  
mail@borehamwoodspiritualcentre.com

They have guest Mediums who are experienced and a list of the visiting Mediums can be found on their website

They meeting on Thursday evenings at 8pm



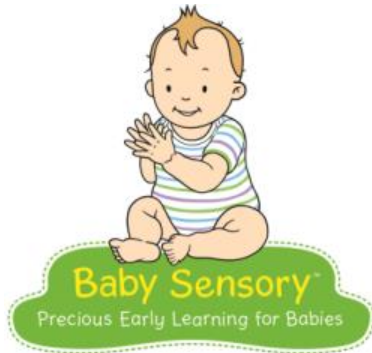
### **HARTBEEPS**

Hartbeeps create developmental programmes for babies and young children using the medium of specially created sound systems, sound effects, music and song.

Telephone:  
Natasha – 07753 460075

Email:  
Natasha@hartbeeps.com

Hartbeeps are at Allum Manor on Wednesdays and Fridays. Contact Natasha for more details



### **BABY SENSORY**

Baby Sensory developmental classes introduce you and your baby to a world of sensory delights, where you can relax, spend quality time with each other and enjoy meeting other new parents. Babies learn best when they see, hear, feel, touch, taste and smell. Specifically designed from birth (to 13 months) to aid your child's development, the programme is packed with an incredible variety of sounds, smells, sights, textures, music, dance, signing and massage. Every week is different so you will never experience the same class twice. We've done the research so you can enjoy the fun.

Telephone: Lisa 07887 700939

Email:  
barnet@babysensory.co.uk  
Web:  
www.babysensory.co.uk

Lisa is at Allum Manor on Monday mornings